

NAME: _____

DATE: _____

CONDUCTING SELF-EVALUATION III

Preparatory Gesture/Articulation

My hand comes to a complete stop BEFORE the prep gesture.	Yes	No
I gave the preparatory gesture in the correct tempo and style.	Yes	No
I breathed for the ensemble.	Yes	No
I gave only one preparatory beat to start the ensemble.	Yes	No
My legato clearly utilized the horizontal plane consistently.	Yes	No
Forte-piano gestures were consistently clear and rhythmic.	Yes	No
Syncopated and rhythmic gestures utilized the vertical plane and wrist.	Yes	No

Baton/Hand Position

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
My conducting pattern remained in the same tempo.	1	2	3	4
My conducting pattern remained in the correct style.	1	2	3	4
My ictus was clear and consistent.	1	2	3	4
My ictus was delivered at the tip of the baton.	1	2	3	4
My baton grip was firm yet not tense.	1	2	3	4
My wrist remained firm, yet supple.	1	2	3	4

Use of Left Hand

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
I showed the ensemble my desired phrasing and dynamics.	1	2	3	4
I correctly utilized the vertical plane to indicate phrase shape.	1	2	3	4
I showed cues with my left hand.	1	2	3	4
I showed cut-offs with my left hand.	1	2	3	4
My left hand remained smooth and natural with dynamic changes.	1	2	3	4

Posture/Stance

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
My posture was expansive and tall.	1	2	3	4
My body was free of tension.	1	2	3	4
My eye contact was consistent.	1	2	3	4
My elbow position allows for an expansive posture.	1	2	3	4
My body remained still.	1	2	3	4

Comment below on your performance in the following areas. Be sure to address all items listed.

Strengths/Weaknesses

Leadership Qualities *Facial Expression, Posture, Eye contact, Confidence*