

NAME: _____

DATE: _____

CONDUCTING SELF-EVALUATION IV

Preparatory Gesture/Fermata Cut-offs

My hand comes to a complete stop BEFORE the prep gesture.	Yes	No
I gave the preparatory gesture in the correct tempo and style.	Yes	No
I breathed for the ensemble.	Yes	No
I gave only one preparatory beat to start the ensemble.	Yes	No
My fermata cut-offs were clear.	Yes	No
My cues after the fermata were clear.	Yes	No
My fermata cut-offs helped prepare the next entrance.	Yes	No
My fermatas were an appropriate length of time.	Yes	No

Baton/Hand Position

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
My conducting pattern remained in the same tempo.	1	2	3	4
My conducting pattern remained in the correct style.	1	2	3	4
My ictus was clear and consistent.	1	2	3	4
My ictus was delivered at the tip of the baton.	1	2	3	4
My baton grip was firm yet not tense.	1	2	3	4
My wrist remained firm, yet supple.	1	2	3	4

Melded Gestures

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
I showed melded gestures at the appropriate times.	1	2	3	4
I came out of the melded gesture with clear preparation.	1	2	3	4
There is a difference between my melded and rhythmic gestures.	1	2	3	4
My melded gestures encourage sustain.	1	2	3	4

Posture/Stance

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
My posture was expansive and tall.	1	2	3	4
My body was free of tension.	1	2	3	4
My eye contact was consistent.	1	2	3	4
My elbow position allows for an expansive posture.	1	2	3	4
My body remained still.	1	2	3	4

Comment below on your performance in the following areas. Be sure to address all items listed.

Strengths/Weaknesses

Leadership Qualities *Facial Expression, Posture, Eye contact, Confidence*