

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

### CONDUCTING SELF-EVALUATION V

#### Preparatory Gesture

My hand comes to a complete stop BEFORE the prep gesture.	Yes	No
I gave the preparatory gesture in the correct tempo and style.	Yes	No
I breathed for the ensemble.	Yes	No
I gave only one preparatory beat to start the ensemble.	Yes	No
The prep for the new tempo in Carmina was clear and included a breath.	Yes	No

#### Baton/Hand Position

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
My conducting pattern remained in the same tempo.	1	2	3	4
My conducting pattern remained in the correct style.	1	2	3	4
My ictus was clear and consistent.	1	2	3	4
My ictus was delivered at the tip of the baton.	1	2	3	4
My baton grip was firm yet not tense.	1	2	3	4
My wrist remained firm, yet supple.	1	2	3	4

#### Timing/Mixed Meter

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
I show a clearly timed gesture consistently.	1	2	3	4
The timing and gesture were clear in the Carmina transition.	1	2	3	4
I remained in control of the tempo.	1	2	3	4
My gesture in Deck the Halls shifted according to the 3s and 2s.	1	2	3	4

The eighth note pulse remained constant in Carmina. Yes No

#### Posture/Stance

	<u>Never</u>	<u>Some</u>	<u>Most</u>	<u>Always</u>
My posture was expansive and tall.	1	2	3	4
My body was free of tension.	1	2	3	4
My eye contact was consistent.	1	2	3	4
My elbow position allows for an expansive posture.	1	2	3	4
My body remained still.	1	2	3	4

*Comment below on your performance in the following areas. Be sure to address all items listed.*

Leadership Qualities *Facial Expression, Posture, Eye contact, Confidence*

Overall Improvement over the Semester