

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

### **FINAL CONDUCTING SELF-EVALUATION**

#### **Preparatory Gesture/Articulation**

My hand comes to a complete stop BEFORE the prep gesture.	Yes	No
I gave the preparatory gesture in the correct tempo and style.	Yes	No
I breathed for the ensemble.	Yes	No
I gave only one preparatory beat to start the ensemble.	Yes	No
My legato clearly utilized the horizontal plane consistently.	Yes	No
Rhythmic gestures utilized the vertical plane and wrist.	Yes	No
Accents were clear and well prepared.	Yes	No

#### **Hand Position**

	<b>Never</b>	<b>Some</b>	<b>Most</b>	<b>Always</b>
My conducting pattern remained in the same tempo.	1	2	3	4
My conducting pattern remained in the correct style.	1	2	3	4
My ictus was clear and consistent.	1	2	3	4
My ictus was delivered at the tip of the baton.	1	2	3	4
My wrist remained firm, yet supple.	1	2	3	4

#### **Use of Left Hand**

	<b>Never</b>	<b>Some</b>	<b>Most</b>	<b>Always</b>
I showed the ensemble my desired phrasing and dynamics.	1	2	3	4
I correctly utilized the vertical plane to indicate phrase shape.	1	2	3	4
I showed cues with my left hand.	1	2	3	4
I showed cut-offs with my left hand.	1	2	3	4
My left hand remained smooth and natural with dynamic changes.	1	2	3	4
Dynamic changes were clear and musical.	1	2	3	4
Dynamic changes were well prepared.	1	2	3	4

#### **Posture/Stance**

	<b>Never</b>	<b>Some</b>	<b>Most</b>	<b>Always</b>
My posture was expansive and tall.	1	2	3	4
My body was free of tension.	1	2	3	4
My eye contact was consistent.	1	2	3	4
My elbow position allows for an expansive posture.	1	2	3	4
My body remained still.	1	2	3	4

*Comment below on your performance in the following areas. Be sure to address all items listed.*

#### **Strengths/Weaknesses**

**Leadership Qualities** *Facial Expression, Posture, Eye contact, Confidence*